

Abstract geometric lines in black on a white background, forming various overlapping polygons and shapes.

NEW ALUMNI ASSOCIATION GOVERNING COUNCIL PROGRAM

Valentina Maraldi



WHO I AM?

Work

I'm a program manager in the IT Healthcare market since 2006.

I strongly believe in team and I try to build a sane and trust clima at work.

Executive MBA at MIB in 2016-2018.

Life

Mother of two girls, a cat and 4 koy carp.

I'm a «travel addicted», I think that travelling open your mind and help you seeing things by different point of view.

I like Skiing, Running, Trekking, Diving and many other sports...none of them as a professional

Balance

Trying to balance everything listed on the left....



BOOSTING ENGAGEMENT BY ORGANIZING/PROMOTING SPORT INITIATIVES

Why?

We have different background, different roles but when there is a common interest all these differences disappear and the sense of community grows.

Sports improve our health and reduce stress, so why don't we do something together?

How?

Organizing sport initiatives, for example a running team that meet every week for a 5Km session. Or a skiing team, or whatever is easy to do in the places where we live.

Sports is the simplest way to strengthen a community. It helps you feel better, it reduces stress and helps to create a sense of community.

Initiatives should be in all the Italian/European territory.



ENFORCE THE SENSE OF COMMUNITY BY ORGANIZING VOLUNTEER INITIATIVES

WHY?

Volunteering reinforce the relationship between people and helps us «feeling better» and «useful» for the community. It is stress reducing.

It's an inclusive experience because it involves not only the Alumni but also their families/friends.

HOW?

There are many volunteer association, from little local organization to big international company. We could start volunteering by taking part in their initiatives.



LIFELONG LEARNING

WHY?

Mib is Mib!

We learned a lot in our Master but how to keep us updated? The best way is to meet with people with different background and share our experience.

HOW?

Organizing e promoting Mib Cafè events in all the places where we live.

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GRAZIE!

Valentina Maraldi

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